**Personal kit list for a weekend**

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| **Clothes**   * Raincoat with hood - must be good quality, waterproof and ideally breathable (Goretex or similar) - not the flimsy stowaway type jackets * Beanie * Sun hat * 2 x t-shirts * 2 x pairs shorts * 1 x pair track pants * 2 x pairs underwear * Bathers * 2 x pairs socks * Thermals (optional in summer) * 1 x pair Pajamas (optional) * 1 x windcheater / jacket * 1 x jumper / fleece * Swimming shoes or old runners * Complete set of clothes, including shoes that can get very muddy, and a plastic bag to take them home in.   **Hygiene**   * Shampoo * Towel * Toothbrush + paste * Small pack tissues * Hairbrush or comb * Plastic bags for putting dirty clothes in   **Scout Uniform** must be worn when travelling to and from camps. | **Sleeping**   * Sleeping bag (good quality, warm one! - will cost min $80) * Sleeping mat (e.g. self inflating) * Small pillow   **Eating**   * Tea towel * Water bottle * Knife, fork, spoon. * Plate, bowl, mug in Dilly bag   **Other**   * Small back pack * Sunscreen * Lip balm * Insect repellant cream * Torch or headtorch + batteries * Notebook & Pen * Personal First Aid Kit containing: Triangular Bandage, crepe bandage, sticking plasters, wound dressing, safety pins and half used roll of duct tape.   **Optional Gear**   * Book to read * Camera * Camp Blanket |