**Personal kit list for a weekend**

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| **Clothes*** Raincoat with hood - must be good quality, waterproof and ideally breathable (Goretex or similar) - not the flimsy stowaway type jackets
* Beanie
* Sun hat
* 2 x t-shirts
* 2 x pairs shorts
* 1 x pair track pants
* 2 x pairs underwear
* Bathers
* 2 x pairs socks
* Thermals (optional in summer)
* 1 x pair Pajamas (optional)
* 1 x windcheater / jacket
* 1 x jumper / fleece
* Swimming shoes or old runners
* Complete set of clothes, including shoes that can get very muddy, and a plastic bag to take them home in.

**Hygiene*** Shampoo
* Towel
* Toothbrush + paste
* Small pack tissues
* Hairbrush or comb
* Plastic bags for putting dirty clothes in

**Scout Uniform** must be worn when travelling to and from camps. | **Sleeping*** Sleeping bag (good quality, warm one! - will cost min $80)
* Sleeping mat (e.g. self inflating)
* Small pillow

**Eating*** Tea towel
* Water bottle
* Knife, fork, spoon.
* Plate, bowl, mug in Dilly bag

**Other*** Small back pack
* Sunscreen
* Lip balm
* Insect repellant cream
* Torch or headtorch + batteries
* Notebook & Pen
* Personal First Aid Kit containing: Triangular Bandage, crepe bandage, sticking plasters, wound dressing, safety pins and half used roll of duct tape.

**Optional Gear*** Book to read
* Camera
* Camp Blanket
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